



PARTNERS IN FRACTURE PREVENTION

TELEPHONE (08) 8293 8349

MEDICAL PARTNERS: DRS WILTON BRAUND, GEORGE TALLIS, SIMON VANLINT

Patient Last Name:

Date of Birth:

Sex:

Given Name(s):

Telephone: (H)

Address:

(Mob)

Medicare No:

REQUEST FOR:

- Bone Densitometry
Vertebral Fracture Assessment (patient fee applies)
Bone resorption marker

REFERRING DOCTOR DETAILS:

COPIES TO:

DOCTOR SIGNATURE:

DATE:

APPOINTMENT DETAILS IMPORTANT - IF UNABLE TO ATTEND PLEASE CALL (08) 8293 8349

PLEASE BRING YOUR MEDICARE CARD WITH YOU

Appointment on / / at AM/PM Location

REASON FOR REFERRAL:

MEDICARE ITEM NO 12320 - eligible every 5 years
Over 70 years for an initial BMD or every 5 years if previous T score is better than -1.5

MEDICARE ITEM NO 12322 - eligible every 24 months
Over 70 years for a BMD every 2 years if previous T score lies in the range -1.5 to -2.5

MEDICARE ITEM NO 12306 - eligible every 24 months
Proven osteoporosis (at least 12 months prior)
Wedging/fracture (minimal trauma)

MEDICARE ITEM NO 12312 - eligible every 12 months
Prolonged steroid therapy
Male hypogonadism (low testosterone)
Female hypogonadism (amenorrhoea)
Early menopause

MEDICARE ITEM NO 12315 - eligible every 24 months
Rheumatoid arthritis
Hyperparathyroidism
Chronic liver/renal disease
Crohn's disease
Coeliac disease
Conditions associated with thyroxine excess

MEDICARE ITEM NO 12321 - eligible every 12 months
Significant change in treatment
Under 70 years screening (fee applies)

VERTEBRAL FRACTURE ASSESSMENT:

- Spine thoracic and lumbar image provides additional clinical information which may enhance treatment options when combined with BMD.
Performed at the same visit for BMD.
Very low radiation dose DEXA
Patient fee applies

BONE RESORPTION MARKER

- Fasting Serum CrossLaps

Please refer to back page for fasting instructions

CLINICAL DETAILS:

TELEPHONE: (08) 8293 8349 FAX: (08) 8490 9733 ADMIN@OSTEOSCAN.COM.AU WWW.OSTEOSCAN.COM.AU

OSTEOSCAN Locations: NORTH EAST OLD REYNELLA KURRALTA PARK (See reverse side for maps)

Osteoscan Pty Ltd ABN 37 111 289 055

## Explanation of MEDICARE ITEM Numbers.

### MEDICARE ITEM NO 12320 – eligible every 5 years

- Over 70 years for an initial BMD or every 5 years if previous T score is better than -1.5

### MEDICARE ITEM NO 12322 – eligible every 24 months

- Over 70 years for a BMD every 2 years if previous T score lies in the range -1.5 to -2.5

### MEDICARE ITEM 12306 – eligible every 24 months

- Previously suffered one or more fractures after minimal trauma
- Previous diagnosis, (at least 12 months prior) of low bone mineral density defined as previous T-score of  $< -2.5$  OR Z-score  $< -1.5$

### MEDICARE ITEM 12312 – eligible every 12 months

- Prolonged glucocorticoid (steroid) therapy
- Conditions associated with excess glucocorticoid secretion
- Male hypogonadism (low testosterone)
- Female hypogonadism (amenorrhoea)  $>6$  months before 45 years of age
- Early menopause (before age 45 years)

### MEDICARE ITEM 12315 - eligible every 24 months

- Primary hyperparathyroidism
- Chronic liver or renal disease
- Proven malabsorptive disorders – Crohn's disease, coeliac disease
- Rheumatoid arthritis
- Conditions associated with thyroxine excess

### MEDICARE ITEM 12321 - eligible every 12 months

- After a significant change in therapy (class of drug rather than dose regimen) for established low bone density or history of one or more fractures after minimal trauma

## FASTING SERUM CROSSLAPS INSTRUCTIONS:

You must fast for 12 hours before the blood test. This means no food, milk or juices are allowed. You should drink some water.

Medication can be taken prior to the blood test - except calcium supplements which must not be taken.

When booking your appointment, please let staff know that your doctor has requested the Fasting Serum CrossLaps test. Osteoscan staff will book an early morning appointment due to fasting.

